



## Immaculate Conception R.C. Church

20916 Dalton Road, Sutton West, ON L0E 1R0

## Our Lady of the Lake R.C. Church

129 Metro Road North, Keswick, ON L4P 3C8

### Pastoral Team

Rev. Fr. James Dunstan, IVDei

Pastor

Rev. Deacon Stephen Palmer

Deacon Assistant

Mrs. Christiane Crawford

Parish Secretary

Telephone: 905-476-0097

Email: [immaculateconceptionsu@archtoronto.org](mailto:immaculateconceptionsu@archtoronto.org)

Website: [immaculateconceptionsu.archtoronto.org](http://immaculateconceptionsu.archtoronto.org)

[ollakeke.archtoronto.org](http://ollakeke.archtoronto.org)

**Office Hours:** Tuesday - Friday: 9:00am - 3:00pm

### Parish Schools

St. Bernadette (Sutton): 905-722-6226

St. Thomas Aquinas (Keswick): 905-476-7784

Prince of Peace (Keswick): 905-476-1551

Our Lady of the Lake Catholic Academy  
(Keswick): 905-656-9140

### Sacrament of Baptism

Please contact the office for the Baptismal application. An interview with the Pastor and preparation class attendance by the parents are required. Baptisms are celebrated on the 1st and 3rd weekends of the month.

### Sacrament of Reconciliation

Confessions are available 30 minutes before weekend Masses and by appointment during the week.

### Sacrament of Marriage

Couples planning marriage must meet with Fr. Dunstan a minimum of 6 months before the proposed date. Please book your reception hall only after you have met with the Pastor.

### Sacrament of Anointing of the sick

If you or your loved ones wish to receive this sacrament, please contact our parish office.

### Interested in becoming a Catholic? (R.C.I.A.)

Adults wishing to become Catholic are asked to book a meeting with Fr. Dunstan. Tony Snider is the coordinator for the RCIA program.

### Communion for the Sick

If you are unable to attend church, arrangements can be made for you to receive Holy Communion at home. Contact the parish office.

### Weekend Masses:

Saturday: 4:00pm Keswick

5:30pm Sutton

Sunday: 8:30am Sutton

10:30am Keswick

### Weekday Masses:

Tuesday: 7:00pm Sutton

Wednesday: 8:30am Sutton

Thursday: 7:00pm Keswick

Friday: 8:30am Keswick

Mass intentions are received weekly during office hours by phone or dropping in.

### First Friday - Adoration of the Blessed Sacrament

Keswick: after the 8:30am Mass

Sutton: 6:00pm followed by Mass

### Parish Registration

If you have moved to within our parish boundaries and have not yet registered as parishioners, you are most welcome to be part of our community. Please register by completing the pink visitor envelope or contacting the office.

### Parish Organizations

#### Catholic Woman League (CWL):

Sonya 905-960-4140

#### Knights of Columbus:

Tvrtko (GK) 416-451-9149

[klobucar8026@gmail.com](mailto:klobucar8026@gmail.com)

#### Society of Saint Vincent de Paul:

For assistance, please call 437-601-7041

#### Third Order Secular Franciscans:

Rolf 905-989-0523

**Altar Servers:** Parents, please contact the parish office.

## THE EXALTATION OF THE HOLY CROSS

### SUTTON - MASS SCHEDULE & INTENTIONS

### KESWICK – MASS SCHEDULE & INTENTIONS

Tues. Sep 16      **7:00pm: + Sadie, Patrick & Theresa Oliver**  
req. Rose Sheppard

Wed. Sep 17      **8:30am: Ssouls of the Constan and Koolen Family**  
req. Vaessen Family

Sat. Sep 20      **5:30pm: +Elizabeth Younge & Special Intentions for Marie Green**  
req. Younge Family

Sun. Sep 21      **8:30am: Parishioners (Pro Populo)**

Thurs. Sep 18      **7:00pm: +Ivone Encarnacao**  
req. Rose Sheppard

Fri. Sep 19      **8:30am: +Ruth McCabe**  
req. Kim Bingham

Sat. Sep 20      **4:00pm: Healing for Ken Thorlakson**  
req. Dzisiak Family

Sun. Sep 21      **10:30am: +Paul Lindemann**  
req. Connors Family



The sanctuary light in **Sutton** burns this week in loving memory of **Noel Woods**



The sanctuary light in **Keswick** burns this week

### First Holy Communion and Confirmation 2025/26

Registration for these Sacraments at our Parish will start this week on **September 15, 2025**, and end on **October 10, 2025**. The registration forms are available at both churches, through schools and on our website.

**Confirmation:** for children in Grade 7 and above who have received Baptism and First Holy Communion

**First Holy Communion:** for children in Grade 2 who have been baptized in the Catholic faith.

Please hand in your child's registration form, together with their Baptismal Certificate and required payment, during business hours at the office. Thank you.

**R.C.I.A.** stands for the Rite of Christian Initiation of Adults. It is a process of Christian formation offered to those who seek to become Catholic. There are several stages and ritual steps, leading up to the reception of all three Sacraments of Initiation: Baptism, Confirmation and Eucharist. Please register, or if you know of somebody who might be interested, please pass this on before **September 26, 2025**. Call or e-mail the office to make an appointment with Fr. Dunstan. R.C.I.A. classes will start on **September 30, 2025**.

**Weekend Collection (Sept. 6/7)**

**\$3, 021.10**

### Parish Celebration

Everyone is invited to a parish fellowship potluck on **Sunday, September 21, 2025** after the 10:30am Mass in Keswick. Please bring some food to share and take some time to get to know each other and build a strong parish community.



### CWL - Catholic Women's League

All women of the Parish are welcome. Next meeting is on **Wednesday, September 17, 2025 at 7:00pm in Sutton**.

### Cedarvale Lodge Mass

Fr. Dunstan will be celebrating Mass at Cedarvale Lodge Retirement Living in Keswick every third Friday of the month. Next Mass is on **Friday, September 19, 2025 at 10:00am**.

### The Knitting Group

Meets every Wednesday starting **September 10, 2025** from **2:00pm-4:00pm** at Our Lady of the Lake Church in Keswick. Please come and join for social afternoons.

### 2025 ACTS RETREATS

**Women's:** September 25 – September 28, 2025

**Men's:** October 2 – October 5, 2025

Go to [www.actscanada.org](http://www.actscanada.org) to register.



### Exaltation of the Cross, Feast, September 14



The one symbol most often identified with Jesus and His Church is the cross.

Today we celebrate The Exaltation of the Holy Cross. This feast traces its beginning to Jerusalem and the dedication of the church built on the site of Mount Calvary in 335. But the meaning of the cross is deeper than any city, any celebration, any building. The cross is a sign of suffering, a sign of human cruelty at its worst. But by Christ's love shown in the Paschal Mystery, it has become the sign of triumph and victory, the sign of God, who is love itself.

Believers have always looked to the cross in times of suffering. People in concentration camps, in prisons, in hospitals, in any place of suffering and loneliness, have been known to draw, trace, or form crosses and focus their eyes and hearts on them. The cross does not explain pain and misery. It does not give us any easy answers. But it does help us to see our lives united with Christ's.

We often make the Sign of the Cross over ourselves. We make it before prayer to help fix our minds and hearts on God. We make it after prayer, hoping to stay close to God. In trials and temptations, the cross is a sign of strength and protection. The cross is the sign of the fullness of life that is ours. At Baptism, too, the Sign of the Cross is used; the priest, parents, and godparents make the sign on the forehead of the child. A sign made on the forehead is a sign of belonging. By the Sign of the Cross in Baptism, Jesus takes us as His own in a unique way. Today, let us look to the cross often. Let us make the Sign of the Cross and realize we bring our whole selves to God—our minds, souls, bodies, wills, thoughts, hearts—everything we are and will become.

***O cross, you are the glorious sign of our victory.***

***Through your power, may we share in the triumph of Christ Jesus.***

*from [Saints and Feast Days](#), by Sisters of Notre Dame of Chardon, Ohio*

### Catholic Moms Group Leaders Breakfast & Summit

Keynote Speaker: Fr. Terrence McKenna  
Saturday, September 20, 2025

Breakfast & Light Lunch at LeTreport  
Limited Seating. REGISTRATION

REQUIRED: [www.CatholicMomsGroup.com](http://www.CatholicMomsGroup.com)

### Stewardship Sunday, September 20/21, 2025

Our parishes are our spiritual homes where we come to worship God, encounter Christ in the Holy Eucharist, pray, and meet with one another as a parish community. Stewardship Sunday, an annual occurrence in the Archdiocese of Toronto, celebrates our parishes which contain stewards who seek to grow in holiness and become saints by serving God and one another. On Stewardship Sunday, we will be sharing a special homily by Cardinal Frank Leo meant to help us prayerfully reflect on our lives as stewards.

### Needs of the Church in Canada, September 27/28

Collection for the Needs of the Church in Canada: Supporting Bishops in their Pastoral Mission Across the Country The Collection for the Needs of the Church in Canada will take place on the weekend of September 27 and 28. This annual initiative is an important opportunity for the faithful to actively support and assist the Bishops in their ministry of accompanying, teaching, guiding, sanctifying, and caring for the Church in Canada. Please support the collection. We thank you in advance for your generosity and continued commitment.

### FREE CATHOLIC ESTATE PLANNING WEBINAR

Saturday, September 27, 2025 at 9:00 a.m.

Learn:

- How to avoid problems: in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- How to create your own legacy
- About our Catholic traditions around cremation, burials and funerals

#### **3 WAYS TO REGISTER:**

1. scan the QR code
2. follow this QR link: [qrco.de/WebSept27](https://qrco.de/WebSept27)
3. send an email to: [Development@ArchToronto.org](mailto:Development@ArchToronto.org) and write "webinar September 27" in the title line + your name(s) in the body of the message



### Life Chain, Sunday, October 5, 2025, 2:00pm-3:00pm

Life is a gift from God. We have to protect it. Let us join as parishioners together in a peaceful and prayerful demonstration to stand up against abortion, along with thousands of Canadians.

**Sutton: Dalton & Blackriver**  
**Keswick: Woodbine & Glenwoods**



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