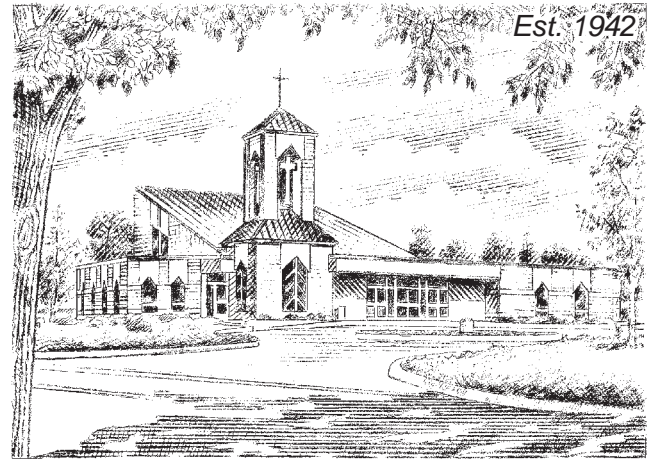


## Immaculate Conception R.C. Church

20916 Dalton Road, Sutton West, ON L0E 1R0

Website: <https://immaculateconceptionsu.archtoronto.org>

Parish email: [immaculateconceptionSU@archtoronto.org](mailto:immaculateconceptionSU@archtoronto.org)



## Our Lady of the Lake R.C. Church

129 Metro Road North, Keswick, ON L4P 3C8

Telephone: 905-476-0097 Fax: 905-476-0897

Website: <https://ollakeke.archtoronto.org>

### Pastoral Team

Rev. Fr. Paul T. Hancko, Pastor

Rev. Deacon Stephen Palmer

EWTN (a great Catholic TV station) Rogers 239

### Weekend Masses:

Saturday:	4:00pm	Keswick
	5:30pm	Sutton
Sunday:	8:30am	Sutton
	10:30am	Keswick

### Weekday Masses:

Please consult Sunday's bulletin

**Confessions (Reconciliation):** Before Masses whenever possible - or by appointment.

### Adoration of the Blessed Sacrament

Consult Weekly Mass Schedule in the Parish bulletin.

**New Parishioners Registration:** For registration, please use the pink visitor envelopes. Income Tax Receipts issued for minimum donation of \$25.

**Papal Blessings:** For special celebrations, please go to [www.vatican.va](http://www.vatican.va) for directions.

**Bequests:** In your kindness, please remember Immaculate Conception & Our Lady of the Lake R.C. Church

### Parish Organizations and Special Groups

**SSVP:** Maria (V.P.) - 905-476-0097 or 416-557-9964

Monthly Meetings: 2nd Wednesday of the month.

**Third Order Secular Franciscans:** Rolf - 905-989-0523

Monthly Meetings: 4th Thursday at 7pm in Keswick

### Area Schools

St. Bernadette (Sutton): 905-722-6226

St. Thomas Aquinas (Keswick): 905-476-7784

Prince of Peace (Keswick): 905-476-1551

Our Lady of the Lake College (Keswick): 905-656-9140

**Marriages:** Marriages are celebrated in the Church where the bride or groom is registered at. When a man and a woman plan to marry each other, they should contact a priest one year in advance and always before the wedding date is set, and before arranging for the reception hall. The engaged are required to attend a Marriage Preparation Course.

**Please note:** However, if this man or woman has previously gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been consulted. Questions are often being asked about marriages performed outside the Catholic Church by non-Catholic ministers. These are not valid marriages according to the teaching of the Catholic Church, but many can be rectified by simply consulting with your Parish priest to discuss the available options. Sometimes people make decisions without proper information, so if you wish, please contact your Pastor for details or call the Marriage Tribunal at 416-934-3400 ext 300.

### Marriage Preparation Courses

Queen of Apostles Centre 905-278-5229, Catholic Family Services 416-222-0048, The Paulist Centre 416-534-2326, St. Francis Retreat Centre 519-941-1747, Our Lady of Grace Church 705-424-1551

### Marriage Counselling

Retrouville 416-281-6007, Marriage Encounter 905-278-5229, Catholic Family Services 416-222-0048

### Baptisms

Baptisms celebrated in Sutton and Keswick: The forms are available online or at the parish office. Forms must be complete and include copies of baptismal certificates for parents and godparents. Parents are required to attend 2 Catechism meetings. First with Father and second with the Deacon. Meetings are set only after completed registration forms with certificates are provided to the parish.

## FIRST SUNDAY OF ADVENT

### SUTTON - MASS SCHEDULE & INTENTIONS

Mon. Nov 28	No Mass
Tues. Nov 29	<b>8:30am: Blessings upon the Fanelli Family</b> req. Fanelli's
Wed. Nov 30	<b>8:30am: Special Intentions</b> req. Lou Conte
Sat. Dec 3	<b>No Mass</b>
Sun. Dec 4	<b>8:30am: +Helen Bell</b> req. Helen Bromley

**Musicians** needed for the 8:30am Sunday Mass in Sutton. If you are interested, contact the parish office.



### Help homeless youth through ShareLife

Your year-end gift will double in value! From now until the end of 2022, your contribution to our parish's ShareLife campaign will be matched by an anonymous donor up to a total of \$1 million.

Covenant House is one of the agencies you support through ShareLife. It's located in Toronto, but its young clients – largely homeless youth – arrive from throughout the archdiocese.

"Your commitment to love and care for the youth experiencing homelessness and trafficking who come to Covenant House truly means so much," says the agency's director. "Your support gives hope to young people who need hope right now – and you give youth a real chance for a better future."

### SEASON OF ADVENT

Advent has a twofold nature: It prepares us for Christmas, when we recall Christ's first coming among us, and it is also a time when we look forward to his second coming at the end of the ages. Advent is a season of joyful expectation.

During Advent, each Sunday's Gospel reading has a specific focus. The Old Testament readings, especially those taken from Isaiah, are prophecies about the Messiah and messianic times. The selections from the writings of the Apostles present exhortations and instructions on different themes of this season.

### 2023 SUNDAY ENVELOPES

Kindly notify the office if you have moved to ensure receipt of your 2022 Income Tax Receipt.

User of **Envelope #136**, please contact the office.

### KESWICK - MASS SCHEDULE & INTENTIONS

Thur. Dec 1	<b>8:30am: Blessings upon the Fanelli Family</b> req. Fanelli's
Fri. Dec 2	<b>8:30am: Blessings upon Joe &amp; Mary Petrolo</b> req. Deacon Don & Debra McMillan
Sat. Dec 3	<b>4:00pm: +Mario Magno</b> req.. Rose Sheppard
Sun. Dec 4	<b>10:30am: Blessings upon Janina Kozak on her 90<sup>th</sup> Birthday</b> req. Kozak's

**Weekly Collection: \$2,098.00 Thank you.**

**PARISH DEBT as of November 30th \$92,000**

### CHRISTMAS & NEW YEAR HOLY MASS SCHEDULE

<b>Christmas Eve:</b>	<b>5pm</b> in Keswick <b>9:30pm</b> in Sutton
<b>Christmas Day:</b>	<b>8:30am</b> in Sutton <b>10:30am</b> in Keswick <b>Noon</b> in Keswick
<b>New Year's Eve:</b>	<b>3:30pm</b> Adoration in Keswick <b>4pm:</b> Holy Mass in Keswick
<b>New Year's Day:</b>	<b>8:30am</b> in Sutton <b>10:30am</b> in Keswick <b>Noon</b> in Keswick

### PARISH DEBT UPDATE

Due to a severe storm in 2017 the roof and interior of the Sutton Church needed major renovations and the roof needed repair in Keswick. Total debt December 2019: **\$ 440,496. Current debt \$ 92,000.**

**Mass on Saturday, Dec 3<sup>rd</sup> at 5:30pm in Sutton cancelled due to the Santa Claus Parade.**

**CWL Christmas Potluck** will be on **Wednesday, December 14<sup>th</sup>** at 7:00 in the parish hall at **Our Lady of the Lake in Keswick**. At this time the outgoing President, Ann Palmer, will inform current members of the procedure for the Election of the new Executive. For this or other information contact Ann.

## **THE EFFECTS OF THE HOLY EUCHARIST**

When we receive the Blessed Sacrament worthily - that is, free from mortal sin, having fasted from food and drink (except water and medicine) for one hour beforehand, and approaching the altar with faith – Jesus does wonderful things for our souls!

He increases the life of grace within us and takes away our venial sins. He actually makes us one with him. He is truly within us after Holy Communion.

He unites us with one another, for we all are made one with the same Eucharistic Lord. Holy Communion helps us to love one another.

He helps us to overcome our faults and sinful desires. By the frequent reception of the Eucharist we are given the power to give up all our sins and even our selfish desires.

With each Holy Communion Christ's life increases in us. Those who receive the Eucharist often and worthily will have a deeper relationship with Jesus in heaven.

Lastly, our Lord prepares us for the resurrection of the dead. The Creed tells us that everyone will rise from the dead at the end of the world. Those who go often to Communion with faith, hope, and love will be more sure of being in heaven, body and soul, someday.

But if we do not receive him *properly* we will not profit from this Sacrament. As a matter of fact, to receive Communion with a mortal sin is one of the worst offenses against the Lord. It is called a **sacrilege** and must be confessed as soon as possible.

### **What is the Eucharist?**

The Eucharist is the Sacrament that contains the Body, Blood, Soul, and Divinity of our Lord Jesus Christ, under the appearances of bread and wine (CCC 1333). The Eucharist in the Roman Catholic Church is NOT a sign, memory or re-enactment...it is the Real Risen Lord.

### **What is the host before the Consecration?**

Before the Consecration, the host is bread (CCC 1376).

### **What is the Host after the Consecration?**

After the Consecration, the Host is the true Body, Blood, Soul, and Divinity of our Lord Jesus Christ under the appearance of bread (CCC 1376).

### **What is contained in the chalice before the Consecration?**

Before the Consecration, wine and a small amount of water are contained in the chalice (CCC 1376).

### **What is contained in the chalice after the Consecration?**

After the Consecration, the Body, Blood, Soul, and Divinity of our Lord Jesus Christ is contained in the chalice under the appearance of wine (CCC 1376).

### **When do the bread and wine become the Body, Blood, Soul, and Divinity of our Lord Jesus Christ?**

The bread and wine become the Body, Blood, Soul, and Divinity of our Lord Jesus Christ at the moment of the Consecration (CCC 1353, 1376). (When the bells are ringing).

### **What do we call the change from bread and wine into the Body, Blood, Soul, and Divinity of our Lord Jesus Christ?**

The change from bread and wine into the Body, Blood, Soul, and Divinity of our Lord Jesus Christ is called transubstantiation. (CCC 1376).

### **What things are necessary for the worthy reception of Holy Communion?**

For a worthy reception of Holy Communion, three things are necessary: first, to be in the grace of God; second, to recognize and to consider whom we are about to receive; third, to observe the Eucharistic fast (CCC 1385, 1387).

### **What does it mean “to be in the grace of God”?**

“To be in the grace of God” means to have one's soul free from all mortal sin (CCC 1385).

### **If a person receives Holy Communion knowing that he is in mortal sin, does he receive Jesus Christ?**

He who receives Holy Communion knowing that he is in mortal sin, does indeed receive Jesus Christ, but not his grace. In fact, he commits a sacrilege, another mortal sin (CCC 1385).

### **What does the Eucharistic fast require?**

The Eucharistic fast requires one who is to receive the Holy Eucharist to abstain from any food or drink (except water and medicine) for one hour before Holy Communion (CCC 1387, CIC 919).

### **Is there an obligation to receive Holy Communion?**

Yes, there is an obligation to receive Holy Communion at least once a year during the Easter season (CCC 1389).

### **Why is the Most Holy Eucharist kept in the churches?**

The Most Holy Eucharist is kept in the churches so that the faithful may adore Jesus in the Eucharist, and so that it is available for Holy Communion (CCC 1378-79).

### **Spiritual Communion Prayer**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

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